

Huddle Up for Breakfast in September 2024

Celebrating 10 Years

SUGGESTED BREAKFAST MENU PLAN K-12 SAMPLES

WEEK 5	September 30	October 1	October 2	October 3	October 4
	Choice of: Sausage & Cheese Quesadilla or Cereal Choice with 1 Side Seasoned Black Beans 100% Fruit Juice Choice Choice of Milk	Choice of: Puffy Pancake with Fruit Topping or Cereal Choice with 1 Side Fruit Cup 100% Fruit Juice Choice Choice of Milk	Choice of: Scrambled Egg & Chorizo with Tortilla Chips or Cereal Choice with 1 Side Guacamole/Salsa 100% Fruit Juice Choice Choice of Milk	Choice of: Salsa Pancake Sandwich or Cereal Choice with 1 Side Sweet Potato Tots 100% Fruit Juice Choice Choice of Milk	Choice of: Banana Chocolate Chip Muffin or Cereal Choice with 1 Side Chilled Peach Cup 100% Fruit Juice Choice Choice of Milk

- Daily Entrée as menued along with daily choice of assorted whole grain-rich cereal and one additional side item from grains, cheese, yogurt, meats, meat alternates.
- Fruit Choices: may select chilled canned fruit cup choice with a fresh fruit or 100% juice. Dried fruit choices also offered daily and may be selected as bonus item.
- Vegetable Choices: When offered, vegetable choice in place of fruit is permitted.
- With Offer versus Serve: to receive student meal price, meals must consist of three food items with one being a ½ cup fruit, 100% juice or vegetable.
- Milk Choices: may select one choice from fat free chocolate, strawberry or vanilla or 1% low-fat unflavored.
- All meals come with up to 2 fresh or canned fruits and/or vegetables at 1/2 cup each. May select a 1/4 dried fruit option at no charge.
- Additional entrées, side items, and milk may be purchased for ala carte charge.