

Huddle Up for Breakfast in September 2024

Celebrating 10 Years

SUGGESTED BREAKFAST MENU PLAN K-12 SAMPLES

WEEK 3	September 16	September 17	September 18	September 19	September 20
	Choice of: <i>Cheddar Pancake Squares with Syrup</i> or Cereal Choice with 1 Side	Choice of: <i>Breakfast Berry Parfait with Crunchy Granola</i> <i>(may choose one additional F/V)</i> or Cereal Choice with 1 Side	Choice of: <i>Egg and Cheese Muffin (English)</i> or Cereal Choice with 1 Side	Choice of: <i>Cuban Pastelitos</i> or Cereal Choice with 1 Side	Choice of: <i>Build Your Own Pita</i> or Cereal Choice with 1 Side
	Apple Slices 100% Fruit Juice Choice	Fruit Cup 100% Fruit Juice Choice	Tator Tots 100% Fruit Juice Choice	Mixed Berry Cup 100% Fruit Juice Choice	Chilled Peach Cup 100% Fruit Juice Choice
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
WEEK 4	September 23	September 24	September 25	September 26	September 27
	Choice of: <i>Open Face Monte Cristo</i> or Cereal Choice with 1 Side	Choice of: <i>Mexi-Cheese, Potato & Egg Buritto</i> or Cereal Choice with 1 Side	Choice of: <i>Potato Breakfast Casserole</i> or Cereal Choice with 1 Side	Choice of: <i>Veggie Breakfast Sandwich</i> or Cereal Choice with 1 Side	Choice of: <i>Cheese and Cracker Stackers</i> <i>(may choose one additional F/V)</i> or Cereal Choice with 1 Side
	Chilled Pineapple Tidbits 100% Fruit Juice Choice	Mexicali Corn 100% Fruit Juice Choice	Apple Slices 100% Fruit Juice Choice	Tater Tots 100% Fruit Juice Choice	Red & Green Grapes Cup 100% Fruit Juice Choice
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk

- Daily Entrée as menued along with daily choice of assorted whole grain-rich cereal and one additional side item from grains, cheese, yogurt, meats, meat alternates.
- Fruit Choices: may select chilled canned fruit cup choice with a fresh fruit or 100% juice. Dried fruit choices also offered daily and may be selected as bonus item.
- Vegetable Choices: When offered, vegetable choice in place of fruit is permitted.
- With Offer versus Serve: to receive student meal price, meals must consist of three food items with one being a ½ cup fruit, 100% juice or vegetable.
- Milk Choices: may select one choice from fat free chocolate, strawberry or vanilla or 1% low-fat unflavored.
- All meals come with up to 2 fresh or canned fruits and/or vegetables at 1/2 cup each. May select a 1/4 dried fruit option at no charge.
- Additional entrées, side items, and milk may be purchased for ala carte charge.