

# Huddle Up for Breakfast in September 2024

## Celebrating 10 Years

### SUGGESTED BREAKFAST MENU PLAN K-12 SAMPLES

| WEEK 1 | September 2                                                                                                                                                                                    | September 3                                                                                                                                                                  | September 4                                                                                                                                                                | September 5                                                                                                                                                               | September 6                                                                                                                                                                                                                                   |
|--------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|        | <b>Labor Day Holiday</b><br>No School<br><br>Featured Daily Fruits<br>& Veggies -->                                                                                                            | <b>Choice of:</b><br><i>French Toast Yogurt Dippers</i><br><b>or</b><br>Cereal Choice with 1 Side<br><br>Petite Banana<br>100% Fruit Juice Choice<br><br>Choice of Milk      | <b>Choice of:</b><br><i>Beef, Egg &amp; Cheese Wrap</i><br><b>or</b><br>Cereal Choice with 1 Side<br><br>Tater Tots<br>100% Fruit Juice Choice<br><br>Choice of Milk       | <b>Choice of:</b><br><i>Breakfast Lasagna</i><br><b>or</b><br>Cereal Choice with 1 Side<br><br>Chilled Peach Cup<br>100% Fruit Juice Choice<br><br>Choice of Milk         | <b>Choice of:</b><br><i>Easy Cheesy Frittata</i><br><b>or</b><br>Cereal Choice with 1 Side<br><br>Mixed Berry Cup<br>100% Fruit Juice Choice<br><br>Choice of Milk                                                                            |
| WEEK 2 | September 9                                                                                                                                                                                    | September 10                                                                                                                                                                 | September 11                                                                                                                                                               | September 12                                                                                                                                                              | September 13                                                                                                                                                                                                                                  |
|        | <b>Choice of:</b><br><i>Cheese &amp; Egg Stratta with Crumb Topping</i><br><b>or</b><br>Cereal Choice with 1 Side<br><br>Chilled Sliced Pears<br>100% Fruit Juice Choice<br><br>Choice of Milk | <b>Choice of:</b><br><i>Cheesy Egg Breakfast Taco</i><br><b>or</b><br>Cereal Choice with 1 Side<br><br>Seasoned Black Beans<br>100% Fruit Juice Choice<br><br>Choice of Milk | <b>Choice of:</b><br><i>Cinnamon Raisin Grilled Cheese</i><br><b>or</b><br>Cereal Choice with 1 Side<br><br>Petite Banana<br>100% Fruit Juice Choice<br><br>Choice of Milk | <b>Choice of:</b><br><i>Sausage &amp; Cheese Biscuit</i><br><b>or</b><br>Cereal Choice with 1 Side<br><br>Chilled Wedges<br>100% Fruit Juice Choice<br><br>Choice of Milk | <b>Choice of:</b><br><i>Apple Dunkers with Yogurt &amp; Peanut Butter</i><br><i>(may choose one additional F/V)</i><br><b>or</b><br>Cereal Choice with 1 Side<br><br>Chilled Mixed Fruit Cup<br>100% Fruit Juice Choice<br><br>Choice of Milk |

- Daily Entrée as menued along with daily choice of assorted whole grain-rich cereal and one additional side item from grains, cheese, yogurt, meats, meat alternates.
- Fruit Choices: may select chilled canned fruit cup choice with a fresh fruit or 100% juice. Dried fruit choices also offered daily and may be selected as bonus item.
- Vegetable Choices: When offered, vegetable choice in place of fruit is permitted.
- With Offer versus Serve: to receive student meal price, meals must consist of three food items with one being a ½ cup fruit, 100% juice or vegetable.
- Milk Choices: may select one choice from fat free chocolate, strawberry or vanilla or 1% low-fat unflavored.
- All meals come with up to 2 fresh or canned fruits and/or vegetables at 1/2 cup each. May select a 1/4 dried fruit option at no charge.
- Additional entrées, side items, and milk may be purchased for ala carte charge.